

Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
	Alcohol Draught 1664 Bierre Keg		Wheat  Barley 												
	Alcohol Draught Carlsberg Pilsner		Barley 												
Alcohol Draught Carlsberg Pilsner 20ltr (T1 Bar)			Barley 												
Alcohol Draught Guinness			Barley 												
Alcohol Draught Poretti			Barley 												
Alcohol Draught Shipyard APA			Wheat  Barley 						Clams  Mussels  Whelks  Oysters  Snails  Squid  Octopus  Scallops  Cuttlefish 						
Alcohol Draught Somersby															
Alcohol Draught Somersby 20ltr (T1 Only)															
Alcohol Prosecco Ponte 200ml															

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Bread - Thick Sliced White Farmhouse Loaf			Wheat ✔ Rye M Barley M Oats M Spelt M												
Bread Naan Mini			Wheat ✔												
Bread White Sliced Floured Bap			Wheat ✔									M			
Brioche Baguettes St Pierre			Wheat ✔ Rye ✔		✔			✔				M			
Brioche Fully Baked Unseeded Bun			Wheat ✔		✔			✔				M			
Brioche Style Bun Kara			Wheat ✔ Rye ✔									M			
Burger Beef Big Al			Wheat ✔		✔								✔		
Burger Moving Mountains			Wheat ✔ Barley ✔ Oats ✔										✔		
Burger Moving Mountains No Chicken			Wheat ✔										✔		
Butter Portions								✔							
Cheese Grated White								✔							
Cheese Mixed Portion (S/L)								✔							

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Cheese Smoked Cheddar Slices							✔								
Chicken Buttermilk Fillets			Wheat ✔				✔								
Chicken Chunks Battered			Wheat ✔												
Chips - Coated Medium Skin on Fries (Sub Main)	✔														
Chips - Coated Thin Skin on	✔														
Chips Coated Skin on Thin (Substitute)	✔														
Chips Skin on Fries Medium (Substitute)	✔														
Chives Chopped IQF	✔														
Cinnamon Swirl			Wheat ✔		✔			✔							Almonds M Hazelnuts M Pecans M
Cod Fillets Jumbo Battercrisp MSC			Wheat ✔			✔									
Coleslaw					✔										
Cookie - La Boulangerie Belgian Chocolate Chunk Pucks			Wheat ✔		✔			✔					✔		

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Cookie - La Boulangerie Quadruple Belgian Chocolate Pucks			Wheat ✔		✔			✔					✔		
Cookie - La Boulangerie White Belgian Chocolate Chunk & Raspberry Pucks			Wheat ✔		✔			✔					✔		
Cornish Clotted Cream (Brakes)								✔							
COSTA Caramel Syrup FDL	✔														
COSTA Chai Syrup	✔														
COSTA Crunchy Biscuit Crumb			Barley Ⓜ Oats Ⓜ Wheat ✔ Rye Ⓜ Kamut Ⓜ Spelt Ⓜ		✔			✔					Ⓜ		
COSTA Decaf Pods (Espresso Shot)	✔														
COSTA Frappe Powder	✔														
COSTA Hazelnut Flavour Syrup	✔														
COSTA Lemon Slices														✔	
COSTA Light Whip								Ⓜ							

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Garlic and Herb Slices			Wheat ✔					✔					Ⓜ		
Grab n Go Breaded Mozzarella Sticks			Wheat ✔					✔					✔		
Grab n Go Hash Brown Bites GF	✔														
Grab n Go Potato Dogs	✔														
Grab n Go Southern Fried Chicken Mini Fillets		✔	Wheat ✔		✔			✔		✔					
Ham Sliced Wiltshire Cured British	✔														
Hash Brown (Substitute) Aviko			Wheat Ⓜ Spelt Ⓜ					Ⓜ							
Hash Brown Lutosa			Wheat Ⓜ					Ⓜ							
Honey Tiptree Jars	✔														
Hot Chocolate COSTA (Shoreside)								Ⓜ							
Hot Chocolate COSTA Express (Onboard)								✔							
Hot Chocolate Powder Galaxy Instant								✔					✔		

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Ice Cream - Mint Chocolate Chip					Ⓜ			✔			Ⓜ		Ⓜ		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Ice Cream - Strawberry					Ⓜ			✔			Ⓜ		Ⓜ		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Ice Cream Banana and Honeycomb (Vegan)			Wheat ✔		Ⓜ			Ⓜ					✔		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ

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Ice Cream Bubblegum Dairy					Ⓜ			✔			Ⓜ		Ⓜ		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Ice Cream Calbourne Rum and Raisin								✔			Ⓜ				Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Ice Cream Chocolate Sauce													✔		
Ice Cream Cookie Dairy			Wheat ✔ Rye ✔ Barley ✔ Oats ✔ Kamut ✔ Spelt ✔		✔			✔			✔		✔		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ

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Ice Cream Crushed Strawberries and Cream					M			✓			M		M		Almonds Hazelnuts Walnut Cashews Pecans Brazil nuts Pistachios Macadamia nuts Queensland nuts
Ice Cream Salted Caramel Dairy					M			✓			M		M		Almonds Hazelnuts Walnut Cashews Pecans Brazil nuts Pistachios Macadamia nuts Queensland nuts
Ice Cream Salted Caramel Sauce								✓							
Ice Cream Strawberry Sauce	✓														
Ice Cream Triple Chocolate					M			✓			✓		M		Almonds Hazelnuts Walnut Cashews Pecans Brazil nuts Pistachios Macadamia nuts Queensland nuts

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Ice Cream Vanilla					Ⓜ			✔			Ⓜ		Ⓜ		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Ice Cream Waffle Chocolate Vermicelli Buchanans	✔														
Ice Cream Waffle Sugar Strands Buchanans	✔														
Ice Cream Waffle Verona Cone			Wheat ✔										✔		
Jacket Potatoes Ready Baked British Medium	✔														
Jam - Apricot Preserve	✔														
Jam - Blackcurrent Preserve	✔														
Jam - Raspberry Preserve	✔														
Jam - Strawberry Preserve	✔														
Juice Apple	✔														
Juice Orange	✔														
Lasagne Beef			Wheat ✔		✔			✔							

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Lemons	✔														
Mango Chutney Geeta's	✔														
Mashed Potatoes (Brakes)								✔							
Milk Alpro Soya													⬇		
Milk Oat (Minor Figures Barista)			Oats ✔												
Milk Semi Skimmed								⬇							
Milk Skimmed								✔							
Milk Whole								✔							
Muffin - Blueberry			Wheat ✔		✔			✔				Ⓜ	Ⓜ		
Muffin - Double Chocolate Chunk			Wheat ✔		✔			✔				Ⓜ	✔		
Muffin - Lemon & Poppy Seed			Wheat ✔		Ⓜ			Ⓜ					Ⓜ		
Muffin English Breakfast			Wheat ✔									Ⓜ	⬇		
Mushroom Fresh	✔														
Nacho Cheese Sauce (Brakes)								✔					✔		
Olives - Olly's Green Garlic & Basil	✔														
Omelette Plain Folded (Noble Foods)					✔			⬇							

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Onion - Crispy Fried			Wheat ✔												
Onion Gravy (Brakes)	✔														
Pain Au Chocolat			Wheat ✔		✔			✔					Ⓜ		Almonds Ⓜ Hazelnuts Ⓜ
Pain Aux Raisin			Wheat ✔		✔			✔				Ⓜ	Ⓜ		Almonds Ⓜ Hazelnuts Ⓜ Pecans Ⓜ
Pappadums Mini Knorr Patak			Wheat Ⓜ Rye Ⓜ Barley Ⓜ Oats Ⓜ								Ⓜ				
Peas Garden	✔														
Phat Cheese and Bacon Turnover (N) Brakes			Wheat ✔		✔			✔							
Phat Chicken & Chorizo Pasty			Wheat ✔		✔			Ⓜ							
Phat Chunky Vegan Sausage Roll (N) Brakes			Wheat ✔		Ⓜ			Ⓜ							
Phat Jumbo Sausage Roll			Wheat ✔		✔			Ⓜ							
Phat Keralan Cauliflower, Chickpea & Onion Bhaji Pasty			Wheat ✔												
Phat Seriously Cheesy Cheese & Onion Pasty			Wheat ✔		✔			✔		✔					

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Traybake - Carrot Cake (Brakes)			Wheat ✔		✔			✔							Almonds Ⓜ Hazelnuts Ⓜ Walnut ✔ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Traybake - Chocolate Brownie (Brakes)			Wheat ✔ Rye Ⓜ Oats Ⓜ		✔			Ⓜ			Ⓜ	Ⓜ	✔		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Traybake - Chocolate Fudge Cake Gluten Free (Brakes)					✔			Ⓜ							Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ

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