

[illegible]

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✓ Contain M May Contain R Removable Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Chips - Coated Thin Skin on (Main)	✓														
Chips Coated Skin on Thin (Substitute)	✓														
Chips Skin on Fries Medium (Substitute)	✓														
Cinnamon Swirl			Wheat ✓		✓			✓							Almonds M Hazelnuts M Pecans M
Cod Fillets Jumbo Battercrisp MSC			Wheat ✓			✓									
Coleslaw					✓										
Cookie - La Boulangerie Belgian Chocolate Chunk Pucks			Wheat ✓		✓			✓					✓		
Cookie - La Boulangerie Quadruple Belgian Chocolate Pucks			Wheat ✓		✓			✓					✓		
Cookie - La Boulangerie White Belgian Chocolate Chunk & Raspberry Pucks			Wheat ✓		✓			✓					✓		
Cornish Clotted Cream (Brakes)								✓							

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Curry - Chicken Tikka Masala Brakes								✓							
Curry - Sweetpotato, Chickpea, Spinach										✓					
Egg Medium British Fresh					✓										
Eggs Scrambled Cooked Noble Free Range					✓			✓		M					
Garlic and Herb Slices			Wheat ✓					✓					M		
Grab n Go Breaded Mozzarella Sticks			Wheat ✓ Spelt ✓					✓		M			M		
Grab n Go Hash Brown Bites GF	✓														
Grab n Go Potato Dogs	✓														
Grab n Go Southern Fried Chicken Mini Fillets		✓	Wheat ✓		✓			✓		✓					
Hash Brown (Substitute) Aviko			Wheat M Spelt M					M							
Hash Brown Lutosa			Wheat M					M							
Honey Tiptree Jars	✓														
Hot Chocolate COSTA (Shoreside)								M							

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Hot Chocolate COSTA Express (Onboard)								✔							
Hot Chocolate Powder Galaxy Instant								✔					✔		
Jacket Potatoes Ready Baked British Medium	✔														
Jam - Apricot Preserve	✔														
Jam - Blackcurrent Preserve	✔														
Jam - Raspberry Preserve	✔														
Jam - Strawberry Preserve	✔														
Juice Apple	✔														
Juice Orange	✔														
Lasagne Beef			Wheat ✔		✔			✔							
Lemons	✔														
Mango Chutney Geeta's											Ⓜ				Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ

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Olives - Olly's Green Garlic & Basil	✔														
Onion - Crispy Fried			Wheat ✔												
Onion Gravy (Brakes)	✔														
Pain Au Chocolat			Wheat ✔		✔			✔					M		Almonds M Hazelnuts M
Pain Aux Raisin			Wheat ✔		✔			✔				M	M		Hazelnuts M Pecans M Almonds M
Pappadums Mini Knorr Patak			Wheat M Rye M Barley M Oats M								M				
Parsley Ardo	✔														
Pasta Penne Cooked Frozen (Quills)			Wheat ✔		M					M			M		
Peas Garden	✔														
Phat Cheese and Bacon Turnover (N) Brakes			Wheat ✔		✔			✔							
Phat Chunky Vegan Sausage Roll (N) Brakes			Wheat ✔		M			M							
Phat Jumbo Sausage Roll			Wheat ✔		✔			M							

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Sandwich - Cheese & Onion Topped Toastie			Wheat ✓					✓					✓		
Sandwich - Chicken & Chorizo Malted Wheat			Wheat ✓		✓						M				
Sandwich - GF Three Cheese & Onion					✓			✓							
Sandwich - Ham & Cheese Topped Toastie			Wheat ✓		✓			✓		✓			✓		
Sandwich - Ham Hock & Chunky Egg Malted Wheat			Wheat ✓		✓					✓					
Sandwich - Sweet & Spicy Chickpea Falafel & Mango Wrap			Wheat ✓												
Sauce - BBQ Hudson's (Brakes)	✓														
Sauce - Garlic Mayonnaise (Hudsons)					✓										
Sauce - Hellman's Ketchup Pump Pouches	✓														
Sauce - Hellman's Mayonnaise Pump Pouches					✓										
Sauce - Mustard Classic French's										✓					

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Sauce - Sweet Chilli Hudsons (Brakes)	✓														
Sauce Bechamel Kerrymaid			Wheat ✓					✓							
Sauce Brown Sticks			Barley ✓												
Sauce Tomato Rich & Rustic Maggi	✓														
Sauce Tomato Sticks	✓														
Sausage Bratwurst XXL (Hot Dog)		✓						✓							
Sausage Pork Romany (Island Foods)		✓	Wheat ✓											✓	
Sausage Roll Stonebaked Sourdough (New)			Wheat ✓ Rye ✓										Ⓜ		
Sausage Vegan Plant based Cumberland													✓	✓	
Sausages - Cumberland (8's)			Wheat ✓											✓	
Scone Plain Fully Baked (New)			Wheat ✓ Barley Ⓜ Oats Ⓜ		✓			✓					Ⓜ		
Scone Sultana (New)			Wheat ✓ Barley Ⓜ Oats Ⓜ		✓			✓					Ⓜ		

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Spread Soft	✔														
Spread Sunflower Individual portions	✔														
Sweetbird Caramel Syrup	✔														
Sweetbird Hazelnut Syrup	✔														
Sweetbird Vanilla Syrup	✔														
Tartare Sauce					✔					✔					
Tomatoes - Whole	✔														
Traybake - Carrot Cake (Brakes)			Wheat ✔		✔			✔							Almonds Ⓜ Hazelnuts Ⓜ Walnut ✔ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ
Traybake - Chocolate Brownie (Brakes)			Rye Ⓜ Oats Ⓜ Wheat ✔		✔			Ⓜ			Ⓜ	Ⓜ	✔		Almonds Ⓜ Hazelnuts Ⓜ Walnut Ⓜ Cashews Ⓜ Pecans Ⓜ Brazil nuts Ⓜ Pistachios Ⓜ Macadamia nuts Ⓜ Queensland nuts Ⓜ

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Traybake - Chocolate Fudge Cake Gluten Free (Brakes)					✓			M							Almonds M Hazelnuts M Walnut M Cashews M Pecans M Brazil nuts M Pistachios M Macadamia nuts M Queensland nuts M
Traybake - Honey & Bergamot Granola Flapjack (Brakes)			Wheat M Oats ✓					✓						✓	Almonds M Hazelnuts M Walnut M Cashews M Pecans M Brazil nuts M Pistachios M Macadamia nuts M Queensland nuts M
Traybake - Rocky Road with Honeycomb (Brakes)			Wheat ✓ Rye M Barley M Oats M		M			✓			M	M	✓		Almonds M Hazelnuts M Walnut M Cashews M Pecans M Brazil nuts M Pistachios M Macadamia nuts M Queensland nuts M

